Browns Valley Health Center, Inc.  
Social Accountability Statement-2018

Browns Valley is a small, rural community located on the cusp of Western Minnesota. The city is home to approximately 577 residents and 54 businesses. Browns Valley Health Center is located in Browns Valley, Minnesota and is in close proximity to the communities of Sisseton, Beardsley, Graceville and Wheaton. The facility provides medical, social, and spiritual care to its residents without regard to race, color, creed, or national origin, in furtherance of the organization's exempt status.

Our Mission: We are committed to express Christ's message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services owns and operates the Facility and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated to promoting the Ethical and Religious Directive for Catholic Health Care services.

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<tr>
<th>Core Values</th>
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<tr>
<td>Integrity</td>
<td>We faithfully adhere to high principles and professional standards.</td>
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<td>Commitment</td>
<td>We dedicate ourselves to those we serve.</td>
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<td>Respect</td>
<td>We value and treat each individual with compassion and dignity.</td>
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<td>Excellence</td>
<td>We have the passion to do our best.</td>
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<td>Service</td>
<td>We deliver what has not been done, before it is expected.</td>
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<td>Stewardship</td>
<td>We wisely employ the talents, resources, and relationships entrusted to us.</td>
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Our facility believes in a resident centered, hospitality care model. We strive to enhance each individual's life with professional and caring services, and to help each resident achieve his or her highest potential. We have programs that offer our residents increased flexibility in how their day is structured and how/when they receive care and services.

At Browns Valley Health Center we strive to make the city of Browns Valley a better place to live. Through our relationship with the community, we encourage participation in the lives of our residents through volunteering, partaking in social events and an active connection with those in our surrounding area.

We accomplish this by:

Providing Quality Care and Services for Older Adults

BVHC routinely cares for 41 individuals, at one time, who are in need of many different services ranging from ADL-Total Care, Dementia Care, Wound Treatment, Ostomy Care, IV Therapy,
Post-surgical Care, Short / Long and Short Term Rehab with PT-OT-Speech Therapists and Restorative Nursing Therapy. All of our beds are considered Skilled/Medicare Certified. During the current reporting year, the organization had 14,059 patient days and provided services to more than 60 patients.

Many individuals use our services for rehabilitation from surgery and/or acute conditions. Those individuals often stay with us for just one to three months.

Our physical therapy, occupational therapy, and speech therapy services provided by Big Stone Therapies aid’s residents in rehabilitation and provide them the opportunity to return home or to a more independent setting. We are able to provide therapies for:

- Orthopedic Injuries
- Back and Neck Injuries
- Amputations
- Spinal Dysfunction
- Chronic Pain
- Post-Surgical Conditions
- Hip Fractures
- Neurological Disorders
- Stroke
- Speech Disorders
- Swallowing Disorders
- Outpatient Therapies

In addition to medical services, BVHC offers a wide variety of Social and Spiritual Activities including:

- Live Music
- Culture Exposure / Trivia
- Church/Bible Study
- Cards, Pokeno, Bingo
- Music Therapy
- Library Group
- Book Club
- Spot Light Resident
- Bell Choir
- Crafts
- Movie Nights
- Rugs for Veterans
- Shopping/Outings
- Special Event Celebrations
- School Program visits
- Bowling, Horseshoes, Yard Toss, Balloon Toss
- Wii Games
- News Group
- Manicures
- Alexa Music
- Fine Dining
- Coffee Groups
- Café Day
- Community puzzles

**BVHC Grants**

Browns Valley Health Center, an affiliate of St. Francis Health Services (SFHS) of Morris, MN, is pleased to announce they are the recipient of a corporate wide Minnesota Nursing Facility Performance-based Incentive Payment Program (PIPP) grant awarded by the Minnesota Department
of Human Services (DHS). Over the next two years, funds will be used to implement the project Controlling Infection Challenges Creatively (CICC), which will allow Browns Valley Health Center to develop, revise, and expand their infection prevention and control program in their skilled nursing facility. Although BVHC already has policies and procedures in place to prevent infections, this grant will allow them to thoroughly assess and evaluate further what more can be done to reduce the rate of infections. The facility will implement evidenced based practice guidelines to provide the safest and most effective care to those residents who make BVCH their home. The infection prevention and control policy, systems, and environments of the care center will be affected. This will include enhancing surveillance, accurately identifying infections, performing timely reporting, doing extensive investigations, advocating for proper treatment, reducing the overall rate of infection, and preventing the spread of communicable diseases.

SFHS will develop additional training protocols and resource materials for residents, family, nursing, and all other departments. The grant will expand the role of the infection control nurse, who will receive specialized training and certification. Additional training opportunities will be made available to staff working in environmental, housekeeping, and dietary services also.

The timeliness of this grant coincides with a national trend towards reducing infection and transmission rates within the healthcare industry, especially long term care facilities. Antibiotic Stewardship is a key component of the grant and resources, training, and guidance to BVHC pertinent to antibiotic use will be provided. The plan is to collaborate further with our healthcare partners, medical directors, attending physicians, and consultant pharmacists to assist in setting up standards of practice and guidelines to allow for the best outcomes for our residents needing care for infections.

Marla Miller, Registered Nurse/Public Health Nurse, is the Corporate Grant Coordinator for SFHS. Miller states, “This is an excellent opportunity for St. Francis Health Services and our thirteen skilled nursing facilities to really make an impact. In public health nursing, it is the goal to not only focus on the individual, but on the overall population and what contributes to the overall health and wellbeing of that group. Understanding the various types of infections that are common within this population and recognizing the factors that make these individuals susceptible to illness and disease is key in controlling and reducing infection rates. When we pull the data, assess the information, and look at our numbers, we know that within this population there is an individual person represented. That person is someone’s spouse, parent, grandparent, sibling, etc. We know that what we do on this level affects each one of our residents. That effect not only transcends to those residing in our skilled nursing facilities, but to their loved ones and community. I look forward to partnering with our entire team to make improvements where necessary and to enhance those areas where we are already excelling. Each facility has its strengths and it is the goal to build upon those strengths for the benefit of our residents and the staff working there. It is the hope that SFHS will be a shining example of what can be done as we advocate for further improvement in the quality of care that we provide.”

The CICC Project began January 1, 2017 and will continue through December 31, 2018. SFHS is a faith-based, not-for-profit healthcare organization, with thirteen skilled nursing facilities in the state of Minnesota; Aitkin Health Services, Browns Valley Health Center, Chisholm Health Center, Franciscan Health Center (Duluth), Farmington Health Services, Guardian Angels Health & Rehab Center (Hibbing), Koochiching Health Services (Littlefork), Little Falls Health Services, Pennington Health Services (Thief River Falls), Renville Health Services, Viewcrest Health Center (Duluth), West Wind Village (Morris), and Zumbrota Health Services. In addition, SFHS offers a
variety of services that include customized/assisted living, a full range of therapies, senior housing, transitional and skilled nursing care, and behavioral and residential programs throughout the state.

Our specific goals in this grant are too:

1.) Improve Antibiotic Stewardship with local Doctors
2.) Decrease UTI
3.) Decrease infections and spread of infections

**Browns Valley Health Center Receives $25,000 to Support Workforce Development**

Browns Valley Health Center received $25,000 from the LeadingAge Minnesota Foundation to address the growing challenge of workforce recruitment and retention in aging services.

“Workforce development continues to be the number one concern of aging services providers. These grants will spark new ways to recruit new people to the profession as well as to keep experienced staff committed to the field,” said Gayle Kvenvold, President and CEO, LeadingAge Minnesota.

*Browns Valley Health Center will use the $25,000 workforce solutions grant to collaborate with Sisseton Wahpeton Oyate Tribe of the Lake Traverse Reservation (SWO) to form a partnership to better influence the workforce of Native American and other races at BVHC. This partnership will provide an intercultural workforce coach to help retain our current employees and recruit those who are interested in the healthcare field.*

The shortage of workers has a direct impact on older Minnesotans being able to get the care that they need in some communities. In 2016, more than 5,000 Minnesota care center admissions were denied due to lack of staff. By 2024, it is estimated that there will be more than 16,000 job openings for nursing assistants, home health aides, and other staff that serve seniors across the state.

“The grant awarded to Browns Valley Health Center will benefit the aging services field, as providers across the state will be able to share in the best practices that this grant will demonstrate,” Kvenvold said.

LeadingAge Minnesota Foundation received requested for more than $2.6 million in funding requests, which demonstrates the large need for solutions to address the caregiving crisis across the state. Examples of awarded projects include intercultural work coaches, literacy improvement tools for staff with English as a Second Language, and a career awareness toolkit addressing misconceptions about aging services jobs.
Recognizing Spiritual Needs and Individuality

Upon admission, residents are assessed for their spiritual needs. Our job and mission is to accommodate these needs. Besides Church Service participation, Bible Study, and Rosary, Communion Services are also offered. BVHC is supported by many of the community churches:

- St. Anthony Catholic Church
- St. Mary’s Catholic Church
- United Methodist Church
- United Methodist/Presbyterian Church
- Holden Lutheran Church
- Zion Lutheran Church
- Ave Maria Catholic Church

Providing Access to Educational Opportunities

Education is a high priority in health care and for BVHC. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care.

Each year Browns Valley Health Center budgets to offer staff scholarships to further their education at local colleges by paying the cost of tuition and books. Scholarships are granted for those obtaining Trained Medication Administration (TMA) certifications, Licensed Practical Nursing (LPN) and Registered Nursing (RN) degrees, and Dietary Manager Certification.

For the 2017/2018 cost report year (10/1/2017-09/30/2018) BVHC awarded $11,570.66 towards:

i. RN Program
ii. TMA Certification
iii. NAR Certification
iv. Wound Certification
v. AANAC-MDS Certification

BVHC offers staff members a variety of training opportunities each year. Some of the topics covered in these training sessions include:

- Infection Control Practices
- Disaster Planning
- Abuse and Neglect Prevention
- Proper Lifting Procedures / Ergonomics
- Fire Safety
• Dementia Training

Browns Valley Health Center has assisted the local community colleges with on-site training programs and been able to provide LPN students on site training with the residents. Every employee at Browns Valley Health Center participates in Performance Improvement Projects (PIPs) as part of our commitment to continuous quality improvement. Every employee received valuable information as well as provides vital feedback for their chosen PIP.

Employees of Browns Valley Health Center have the opportunity to attend multi-session leadership training that is sponsored by the parent corporation, St. Francis Health Services of Morris, MN. The World Class Leadership program facilitates this education.

### Helping Community Members in Need

Facility offers services such as,
- Meeting space for local organizations
- Funeral Services
- Church Services
- Loan personal health care equipment for short term needs
- Safety and Home Evaluations
- Provide Community Senior Meals
- Monthly Community Blood Pressures

### Serving as Active Community Members

The facility is affiliated with the following organizations:
- Leading Age of MN
- SWAP
- Senior Linkage
- DMA
- ANCC
- MNDONA
- MHCA

Community groups that BVHC is active in volunteering with are the American Legion, American Legion Auxiliary, Senior Citizens, BV School, BV Education Foundation and Lions Club.

### Volunteerism

BVHC has numerous volunteers from Browns Valley and the surrounding communities that donate their talents and time to the residents. Volunteers assist the facility with inside / outside activities, special celebrations, van rides, and one-to-one visits with the residents.
Many local businesses are supported by BVHC. They include:

- City of Browns Valley
- Hardware Hank
- Valley News
- Maynard’s Food Center
- Serocki Excavating
- Lewis Drug
- Border States Cooperative
- Hoffman Electric
- Goodhart’s Shop
- BV Community Elevator
- #2 Welding
- Cenex C Store

The facility employs an average of 80 employees. During the 2018 year the organization employed approximately 55 full time equivalent employees. Because these people come to work at Browns Valley, they also spend monies in the community, whether they reside in the city or not.

Each year BVHC pays approximately $1,750,000.00 in wages and 200,000 in health care benefits to our staff and 58,000 in pension benefits. This was all provided in an area where medical and employment opportunities are very limited.
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<td><strong>Facility Information</strong></td>
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<td>Browns Valley Health Center, Inc.</td>
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<td>Phone: (320) 695-2165</td>
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<td>Web Site: <a href="http://www.bvhc.sfhs.org/">http://www.bvhc.sfhs.org/</a></td>
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